

Munster SC Championships - 02/11/2019 to 03/11/2019
Session Report

Session: 1 Session 1 Heats Sat am
Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Prelims	1 Men 200 IM
Prelims	2 Women 200 Backstroke
Prelims	3 Men 200 Breaststroke
Prelims	4 Women 100 Breaststroke
Prelims	5 Men 100 Backstroke
Prelims	6 Women 50 Butterfly
Prelims	7 Men 50 Freestyle
Finals	8 Women 400 Freestyle

Session: 2 Session 2 Finals Session1
Day of Meet: 1 Starts at 12:45 PM Heat Interval: 120 Seconds / Back +15 Seconds

Finals	9 Mixed 200 Freestyle Relay
Finals	1 Men 200 IM
Finals	2 Women 200 Backstroke
Finals	3 Men 200 Breaststroke
Finals	4 Women 100 Breaststroke
Finals	5 Men 100 Backstroke
Finals	6 Women 50 Butterfly
Finals	7 Men 50 Freestyle

Session: 3 Session 3 Heats Saturday pm
Day of Meet: 1 Starts at 02:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Prelims	10 Women 100 IM
Prelims	11 Men 200 Freestyle
Prelims	12 Women 200 Butterfly
Prelims	13 Men 100 Butterfly
Prelims	14 Women 100 Freestyle
Prelims	15 Men 50 Breaststroke
Prelims	16 Women 50 Backstroke
Finals	17 Men 400 IM

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Session: 4 Session 4 Finals Session3
Day of Meet: 1 Starts at 04:15 PM Heat Interval: 120 Seconds / Back +15 Seconds

Finals	18 Women 200 Freestyle Relay
Finals	19 Men 200 Freestyle Relay
Finals	10 Women 100 IM
Finals	11 Men 200 Freestyle
Finals	12 Women 200 Butterfly
Finals	13 Men 100 Butterfly
Finals	14 Women 100 Freestyle
Finals	15 Men 50 Breaststroke
Finals	16 Women 50 Backstroke
Finals	20 Mixed 800 Freestyle

Session: 5 Session 5 Heats Sunday am
Day of Meet: 2 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Prelims	21 Women 200 IM
Prelims	22 Men 200 Backstroke
Prelims	23 Women 200 Breaststroke
Prelims	24 Men 100 Breaststroke
Prelims	25 Women 100 Backstroke
Prelims	26 Men 50 Butterfly
Prelims	27 Women 50 Freestyle
Finals	28 Men 400 Freestyle

Session: 6 Session 6 Finals Session5
Day of Meet: 2 Starts at 12:45 PM Heat Interval: 120 Seconds / Back +15 Seconds

Finals	29 Mixed 200 Medley Relay
Finals	21 Women 200 IM
Finals	22 Men 200 Backstroke
Finals	23 Women 200 Breaststroke
Finals	24 Men 100 Breaststroke
Finals	25 Women 100 Backstroke
Finals	26 Men 50 Butterfly
Finals	27 Women 50 Freestyle

Session: 7 Session 7 Heats Sunday pm
Day of Meet: 2 Starts at 02:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Prelims	30 Men 100 IM
Prelims	31 Women 200 Freestyle
Prelims	32 Men 200 Butterfly

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Prelims	33 Women 100 Butterfly
Prelims	34 Men 100 Freestyle
Prelims	35 Women 50 Breaststroke
Prelims	36 Men 50 Backstroke
Finals	37 Women 400 IM

	Session: 8	Session 8 Finals Session7
Day of Meet: 2	Starts at 04:00 PM	Heat Interval: 120 Seconds / Back +15 Seconds

Finals	38 Men 200 Medley Relay
Finals	39 Women 200 Medley Relay
Finals	30 Men 100 IM
Finals	31 Women 200 Freestyle
Finals	32 Men 200 Butterfly
Finals	33 Women 100 Butterfly
Finals	34 Men 100 Freestyle
Finals	35 Women 50 Breaststroke
Finals	36 Men 50 Backstroke
Finals	40 Mixed 1500 Freestyle